

Tips for a Family Photo Session

The thought of corralling everyone for a photo session can sometimes feel a bit stressful. As your local family photographer, I'm here to share some gentle tips to ensure your family photo experience is not just stress-free, but genuinely enjoyable for everyone involved.



Wear Comfortable Clothing

When it comes to what to wear, comfort should be your top priority. After all, it's hard to relax and enjoy the moment if you're fidgeting with uncomfortable clothing. Opt for outfits that make everyone feel like the best version of themselves. And don't worry – I'm here to offer guidance on coordinating your family's look without being overly matchy-matchy.

Let the Kids Be Kids

As a mom myself, I know that trying to get children to "behave" for photos can be a recipe for stress. Some of the most heartwarming shots come from letting kids be kids – running, laughing, and exploring.

Plan Around Happy Times

Consider your family's natural rhythms when scheduling your family photo session. Is everyone at their best right after breakfast? Or perhaps early evening works better for your family? By choosing a time when everyone is typically in good spirits, we set ourselves up for a more enjoyable experience.

Bring Along Comfort Items

For little ones (and sometimes big ones too!), having a favorite toy or comfort item can make all the difference. That well-loved stuffed animal or family heirloom blanket might just become a cherished detail in your images.

Make It an Adventure

Frame your photo session as a fun family outing rather than a chore. Maybe we'll explore a beautiful Alabama state park, have a picnic after the shoot, or treat everyone to ice cream when we're done.

Relax and Trust the Process

Remember, my job as your family photographer is not just to take pictures, but to make you feel comfortable and bring out the best in your family. Don't worry about achieving "perfect" poses or making sure everyone is looking at the camera at all times. Some of the most treasured photos are often the in-between moments – the genuine laughs, the tender touches, the silly faces.

Prepare, But Don't Over-Prepare

A little preparation can go a long way in ensuring a smooth photo session. Pack a small bag with essentials like water, snacks, and maybe a change of clothes for the little ones. But try not to over-prepare or build up too much anticipation, as this can lead to unnecessary stress.

Celebrate Your Unique Family Dynamic

Every family has its own special dynamic, and that's something to be celebrated. Whether you're an energetic bunch or a more reserved family, embrace what makes your family unique.

Focus on the Connection

At the end of the day, family photos are about capturing the love and connection you share. Try to focus less on getting the “perfect” shot and more on enjoying each other’s company. From helping you choose the perfect location to offering styling advice, I’m here to ensure your session results in beautiful, authentic family photos.

[Book](#) a family photo session now.